

# WEEK 1

## FLUENCY

Strategy review! Match each fluency strategy to the correct definition.

Slow Rate

begin speech slower with less tightness and slightly softer

Light Contact

breathe in gently and relax your throat and face before speaking

Easy Onset

speaking very slowly and easily

Pausing

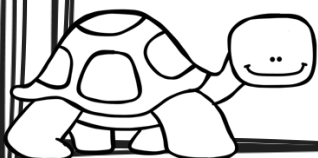
touching the articulators together very lightly and softly.

Full Breath

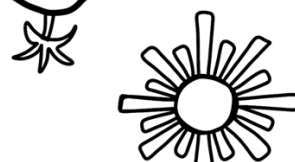
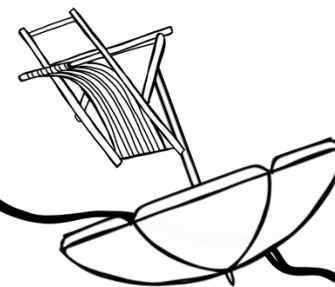
group words together and add pauses where they would naturally occur

### EXTRA PRACTICE

Give an example of each strategy to your helper



EXTRA PRACTICE  
Tell a story about the picture using your slow, easy speech.



Draw 5 things you might see at the beach on the picture below. Say each word using your strategies. Then say a sentence about each one.

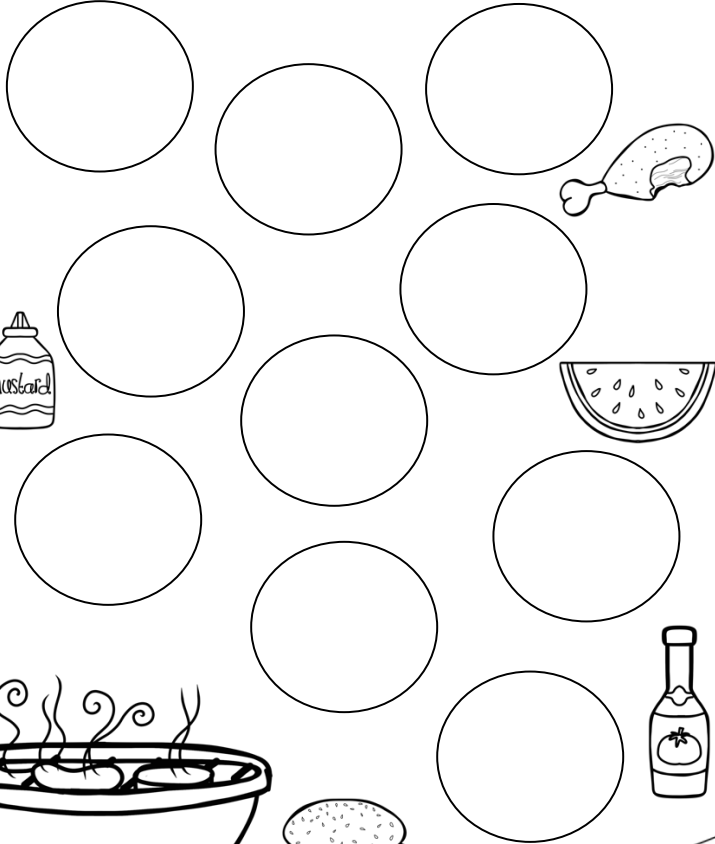
## FLUENCY

# WEEK 2

# WEEK 3

## FLUENCY

Think of 10 foods and write or draw them in the circles. Practice saying the words then saying sentences using your fluency strategies.



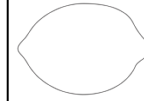
### EXTRA PRACTICE

Talk about your favorite foods and worst foods using your strategies.

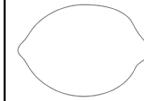
Make lemonade with a helper. Use your strategies to talk about how to make it.



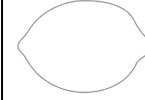
People will buy our lemonade.  
People will buy our lemonade.  
People will buy our lemonade.



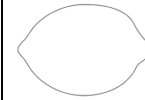
Weather  
The weather is very hot.  
The weather is very hot.  
The weather is very hot.



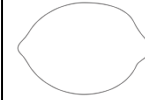
Let's make a lemonade stand.  
Let's make a lemonade stand.  
Let's make a lemonade stand.



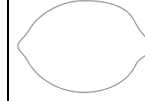
Drink  
My drink is too sweet.  
My drink is too sweet.  
My drink is too sweet.



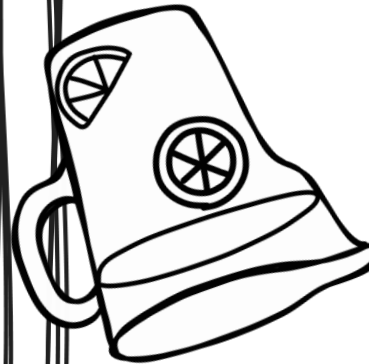
Summer  
In summer I drink lemonade.  
In summer I drink lemonade.  
In summer I drink lemonade.



Lemon  
The lemon is very sour.  
The lemon is very sour.  
The lemon is very sour.



Say the sentences with increasing length using a fluency strategy. Color the lemon after you complete each one.



## FLUENCY

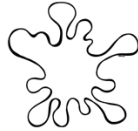
# WEEK 4

# WEEK 5

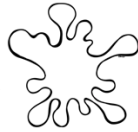
## FLUENCY

Water balloon fight! Practice your fluency strategies while saying the phrases below. Color a splat each time you say one.

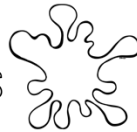
It's hot outside



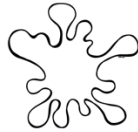
Throw the balloon



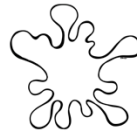
Play with us



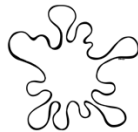
Watch your back



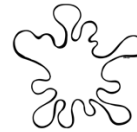
Fill it up



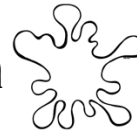
Come over here



I got you

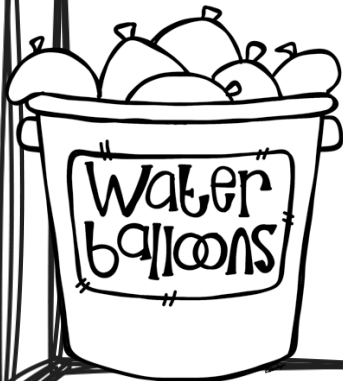


This is so fun

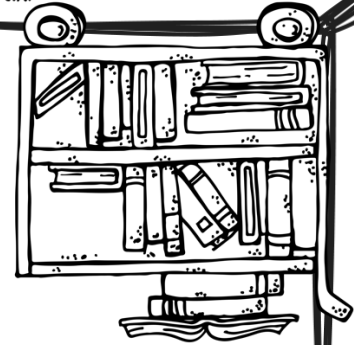


### EXTRA PRACTICE

Play with water balloons. Toss them gently while you use slow easy speech.



EXTRA PRACTICE  
Visit your local library.  
Read a book to a friend using your slow easy speech.




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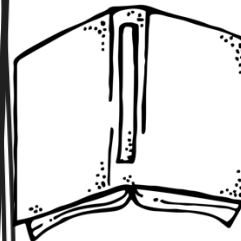
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Take some time to read. Grab your favorite book and read aloud using your slow rate and pausing techniques.  
List all the books you read this week in the spaces below.

## FLUENCY

# WEEK 6

# WEEK 7

## FLUENCY

Say the sentences below using slow rate. Slide your finger to each marshmallow to help keep your slow pace.

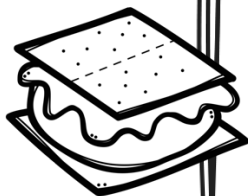
Let's



eat



s'mores.



The



marshmallow



is



hot.



The



chocolate



is



melting.



Take



a



big



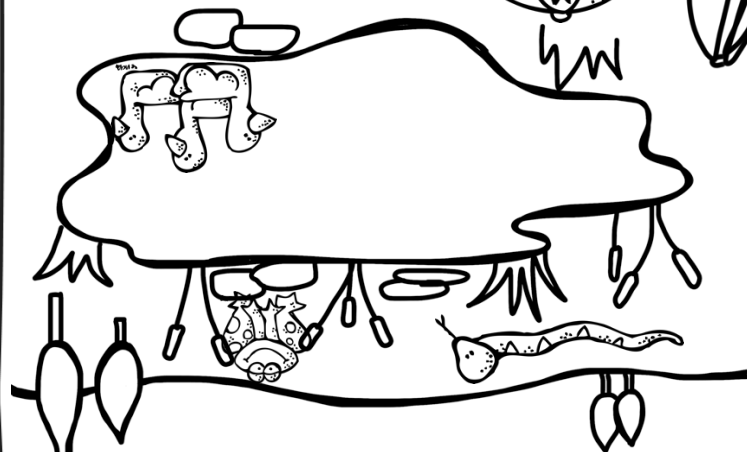
bite.



### EXTRA PRACTICE

Make s'mores. Talk about the how to make them using your slow easy speech.

EXTRA PRACTICE  
Talk about a time you went fishing or saw someone fishing on TV using your strategies.



Color the picture. Tell a story about this picture using your fluency strategies.

# WEEK 8

## FLUENCY